

Small-Sided Soccer Information for U11-U12

- 9v9 including goalkeepers (minimum 6 players)
- Field size is 50 x 80 yards
- Goal size is 6.5 x 18 feet
- Ball is a size 4
- Games are two 30-minute halves
- Substitutions allowed
 - Throw-in for team in possession
 - Goal-kick for either team
 - After a goal for either team
 - Injured player on either team at stoppage
 - Halftime
 - Cautioned player may be substituted
- No heading of the ball
- Offside enforced