

RICHARDSON SOCCER ASSOCIATION



Tournament Updates

RSA's first annual QuickFoot Tournament was a huge success with 69 recreational and competitive teams from across North Texas. The QuickFoot organization was incredible in facilitating the tournament along with key RSA board members and volunteers. RSA received tremendous feedback from the participants and we hope to expand the number of teams to 100 next year.

The weather was perfect, the field conditions outstanding, the referee organization was stellar and the City as always was a great partner with RSA. This tournament exceeded our initial goal of 50 teams as we maximized our relationship with Xara, the City of Richardson, and we brought in new local merchants as sponsors for which we hope to expand on going forward.

Opportunities to Volunteer with RSA

RSA needs YOU!

First, a big thanks to all those who have volunteered for RSA in the last year. This is a big organization with big goals (no pun intended!) and we couldn't do it without you!

If you'd like to spend a few hours, or a few days, or any length of time volunteering for RSA, please contact us. There are all kinds of jobs, large and small, and there is sure to be something to fit your schedule.

INSIDE THIS ISSUE

Tournament Updates	1
Opportunities to Volunteer with RSA	1
Spring 2010 Division Results	2
Fall 2010 Dates to Remember	2
Help Bring the World Cup to the US	3
RSA Offers FREE Coach Training	3
Bobby Moffat Richardson Camps	4
RSA Coaches - Passing on the Passion!	4
The Importance of Playing "Out of Position"	5

Specifically we want to thank Coolwater Car Spa on Renner for their generous contribution and support as well as the City of Richardson Convention and Visitors Bureau, and the City of Richardson Parks and Recreation Department.



One of RSA's goals is to fill the job of Volunteer Coordinator, a person who can be responsible for staffing various events and jobs throughout the season, utilizing our existing database of volunteers. The Volunteer Coordinator should be someone with the time and ability to email as well as call those who have indicated on their child's registration form that they would like to contribute to the organization.

If you have some time to devote to helping with these efforts, please consider volunteering for RSA! Contact us at registrar@richardsonsoccer.org or leaguecommissioner@richardsonsoccer.org.

Spring 2010 Division Results

Congratulations to the teams, coaches and parents who participated in a great spring season! Here are the top teams from each division:

U9 Boys:

1st – Sharks, 2nd – Hornets, 3rd – Galaxy FC

U10 Boys:

1st – Tigers, 2nd – Mauraders, 3rd – Cheetahs

U12 Boys:

1st – Ruckus, 2nd – Lightning, 3rd – Cougars

U9 Girls:

1st – Lightning, 2nd – Super Stars, 3rd – Stingrays

U10 Girls:

1st – Stars, 2nd – Scorch FC, 3rd – Sharks

U12 Girls:

1st – Rockettes, 2nd – Fireflies, 3rd – White Lightning

Upper divisions play with other area associations. RSA teams placing in these divisions were:

Under 12 Boys – Twister's – 1st Place – PYSA League

Under 15 Boys – BHA Stars '95 – 1st Place – Garland Major League and Raiders – 2nd Place – Garland Major League

Under 19 Boys – Mustangs – 4th Place – Garland Major League

Under 14 Girls – Division A – Fury – 2nd Place – Garland Major League

Under 14 Girls – Division B – All Stars – 2nd Place – Garland Major League

CONGRATULATIONS TO ALL!

RSA Fall 2010 ~ Dates to Remember

Please note these important dates:

- Online Registration – June 1 – July 31
- Individual Registration – August 2-5, August 7, August 14
- Late Registration – August 16-19
- Registration Deadline – August 28
- General Membership Meeting & Mandatory Coaches Meeting – August 31, 7-9 pm at Apollo Jr. High
- Inter League U11 – U12 and Major League U13 – U19 Season Opens – September 11
- U7 – U10 Season Opens – September 18
- U4 – U6 Season Opens – September 25
- General Membership Meeting – October 26, 7-9 pm at Apollo Jr. High
- Rain Out Weekends – November 6, November 13 and November 20
- Tournament of Champions – December 4 & 5

Referee and Coaching Clinics:

- Referee R-8 Basic – August 6-8
- Referee R-9 Recreational – August 28-29
- "F" Coaches Clinic U9 and above – August 14
- "G" Coaches Clinic U4-U8 – September 14 or September 21

Help Bring the World Cup to the United States!

Sixteen years ago, the United States proudly hosted the FIFA World Cup™ despite criticism from many in the soccer world. Now, the '94 FIFA World Cup™ is widely considered the most successful in FIFA's history and is considered responsible for the soccer renaissance that followed in the USA, both on and off the field.

It's time to build on prior success and bring the FIFA World Cup™ back to the US. By hosting in 2018 or 2022, we can once again invite the world to share in our love of the game and inspire a new generation of soccer fans in the United States.

We won't win the honor of hosting the 2018 or 2022 FIFA World Cup™ without showing the world that we are united in our love of the game. Please take a

moment to sign the petition, spread the word, and grow the movement.

<http://www.gousabid.com>



RSA Offers FREE Coach Training

RSA is happy to announce a partnership with Moffat Enterprises, Inc. to offer FREE training to our coaches. The curriculum includes the items that coaches have requested, and will be of great use to a wide range of coaches.

There will be an introductory session on August 30th, followed by a 5-week course. All sessions will be held on Monday evenings at Huffhines, from 7:30 to 9:00 pm. Sessions will not build on one another, so if you need to miss one you can still attend others.

August 30th – Basic coaching session for all levels to get everyone up to speed on laying the foundation:

- Passing, kicking, dribbling, movement
- Filling practice sessions with soccer content and fun
- Progression of both player and coach
- Organizing practices and equipment, etc.

No sessions on Labor Day, Monday September 6.

September 13th to October 11th, coaching sessions to cover:

- Execution of Skills – passing (the glue), heading, dribbling, movement, tackling, to 1v1, 1v1 on GK, defending, mid-field and attacking principles, plays and objectives
- Small sided games, to illustrate and practice the game's skills in realistic game-type situations
- Set Plays/Restarts/The Rules ... Know them and utilize them
- Analysis and game critique from the player, coach, referee, parent and linesman viewpoints
- Overview—Player, parent and coaching aims....feedback.....What have we missed?

Participants will not only be taught the skills, they will perform the skills and take part in small-sided games. An open forum will be held at the end of each practice, and coaches are strongly urged to arrive with questions regarding their teams, as well as the game's broader aspects.

Continued on Page 4

FREE Coach Training

Continued from page 3

Each coach will need to bring a ball, shin guards, water and paper/pen for notes.

Although the sessions are free, we do ask that coaches register by August 22 to reserve a place. Instructions on registering for this clinic will be emailed to current coaches and posted on the RSA website in early August.

Bobby Moffat Richardson Camps

Bobby Moffat will be offering two clinics in Richardson this summer, both at Lookout Park.

The day camp will be held July 19–23, from 8:30 am to 12:30 pm. The evening camp is scheduled for August 9–13, from 6 pm to 8:30 pm.

Visit Bobby Moffat's website for more information and registration:

<http://www.soccermoffat.com>.



RSA Coaches – Passing on the Passion!

What is a coach? By general definition a coach is an individual involved in the direction, instruction, training and encouragement of a sports team for the common good of all involved. Everything about that statement is positive and can have a huge impact on an individual player's physical and mental growth.

Youth players look up to their coaches, sometimes as heroes, and are highly influenced not only by the words but by the actions of his/her coach. RSA is very fortunate and very thankful for the unselfish caring efforts of all our volunteer coaches.

We encourage you to always remain positive during the practices and on the sidelines during games. Keep all your comments favorable and directed specifically to your own team. Players, Parents and Spectators are heavily influenced and follow the coach's lead, positive or negative.

Make the experience a positive one for all involved, and continue "passing on the passion"!

The Importance of Playing “Out of Position”

By Alex Kos

A friend reminded me the other day of an old soccer saying. It goes something like, “Good forwards make the best defenders and good defenders make the best forwards.” There is a lot of truth to this saying.

Any good forward is always trying to figure out how to get the upper-hand on the defense. Over time, forwards have learned plenty of tricks to help them beat defenders. Now imagine that same forward playing defense. He or she, knowing many of the offensive strategies and tricks, will instinctively know how to deal with them.

For example, he or she is unlikely to get caught directly behind a forward where an accidental bump or a dreaded phantom touch will send the forward crashing to the ground, resulting in a free kick, penalty, and possible expulsion.

The same is true of defenders. Deficiencies a defensive player may have are most likely shared by other defenders. In addition, a good defender should know how certain defensive formations can be exploited. Equipped with this knowledge will give a defender playing forward a tremendous advantage over the other team. Who is best equipped to beat an offside trap than a player who has been employing the trap for years?

Players, you should view "playing out-of-position" as a great opportunity.

First of all, you will surprise yourself at how well you do, I promise. Secondly, by playing other positions, you will become a better, more well-rounded soccer player. Also, you will develop an appreciation for other positions, especially when you have to play keeper. If your coach has not offered you this opportunity, ask.

At some point in your career, perhaps during a tryout with another team, you are going to be asked to play other positions. That I can also promise.

Coaches, how often have you surprised yourself when a player exceeds all expectations at a position you knew he or she would not and could not play? It happens all the time.

As a youth coach, I strongly encourage you to play your kids in all positions. The worst thing a coach can do to a young player is pigeon-hole him or her to one position. With older players who may be labeled as a good forward, defender, or goalkeeper, or who have stated that they only play one position, switch them around.

Although you are likely to hear plenty of complaints and even receive a few parent phone calls, give it a shot. It will make those players and your team better.

(Alex Kos' experiences as a player, coach, referee, parent and fan are shared in his blog, [Improving Soccer in the United States](#), where this article first appeared.)