

# Richardson Soccer Association

651 N Plano Rd, Suite 421  
Richardson, TX 75081



## Frequently Asked Questions from Coaches

- Wait, I haven't signed up to coach yet, I want some information.
  - ✓ RSA is a completely volunteer-driven non-profit and all of our coaches are parent/grandparent/neighbor/sibling volunteers. We rely solely on volunteers to coach our teams and serve on our board. Each and every parent coach, administrator and referee is background checked before they are allowed to coach or serve. RSA also provides free training and coaching materials for parents that have never coached before. You can register as a coach at our website: <http://www.richardsonsoccer.org/coaches.php>
- How many games will we play?
  - ✓ U4 – U5 teams generally play 6 games while U6 and older teams play 7 – 10 games based on how many teams are in the division.
- Where do we practice and play?
  - ✓ Practice location is decided by the team coach but is generally held in the area where the players live. You choose the location, day and time of each practice. RSA has several fields (with goals) allocated to them for practices and they require a field reservation card. Teams may also practice at any location where there is open space to play. Weekend games are normally at Breckinridge Park but older teams may play away games in Plano or Wylie.
- What is the time commitment?
  - ✓ It really depends on the age group, but figure 1 practice a week and 1 game each week. Younger teams (U4-U6) generally can't hang with a practice longer than 45 – 60 minutes. Above that depends on the team but even most competitive teams don't train for more than 90 minutes a session. Games don't run more than 50 minutes until you get to the U11 and older age divisions.
- OK, so I signed up to be a coach; now what?!
  - ✓ Read on and remain calm. You're the one that volunteered so ask for help from other parents with some of your tasks! Below is a list, in order of importance.
    1. Make sure you completed your on-line background check; we can't release your roster to you until this has been done.
    2. Contact the families on your team! This can be done via email or phone but let them know the days/times of practices, etc. [This document](#) will walk you through logging into your team account in GotSoccer to email your team or find their contact information. This is a good time to see if they have any Saturday conflicts during the season (i.e. scout campouts, school events, etc.).
    3. See that last item above? That helps with the next item: complete your schedule request ASAP. The current schedule request survey can be found on the "[Coach's Page](#)" of our website. This let's our scheduler know any dates where you cannot field enough players for a game
    4. Pick up your coaching items for the season at the RSA office; see the website for current hours. These items including disc cones (new coaches only), game ball, corner flags (U7 and older only), referee money (U6 and older only) and you must sign your official roster.

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- What about uniforms?
  - ✓ This depends on the team and age group. RSA provides T-shirts for new players in the U4 & U5 age divisions. Coaches of existing teams can pick these up at the RSA office. Replacement T-shirts can be purchased at the office for \$6. Older teams that have one of the Xara Themed kits will order new/replacement kits directly from Soccer City. Instructions on how to do this can be found in [this document](#). All other teams can choose any uniform they wish and purchase from any vendor they wish. You may want to contact the RSA office before ordering to check for color conflicts with other teams.
- Do I have to turn in any type of game report?
  - ✓ YES! This is something that is extremely important as we must retain these for a certain time period to comply with requirement from North Texas State Soccer Association (our sanctioning body). Game reports for each age group can be found at a link on our "[Coach's Page](#)".
- What about training?
  - ✓ Each coach has a responsibility to learn the basics of the game. RSA will typically host coaching sessions during each season, but we recommend the USSF National "F" course as a starter. It is completely on-line and can be completed in roughly 2 hours. Although there is an upfront fee (currently \$25), RSA will reimburse the full fee once you've successfully passed the course. You can sign up or find more information at the following link:  
<http://www.ussoccer.com/coaching-education/licenses/national-f>
- Well, that's a lot of information and I feel better. What if I have more questions or just want to surf the internet for good content for hours?
  - ✓ You can always contact us with questions. We are all volunteers so email is the easiest way to begin a dialogue; all of our email addresses can be found [here](#). Check out the links below for some additional information.

## **RSA Parent Handbook/Contract**

[http://www.richardsonsoccer.org/docs/RSA\\_Parent\\_Handbook.pdf](http://www.richardsonsoccer.org/docs/RSA_Parent_Handbook.pdf)

## **USSF Small Sided Soccer Initiative**

<http://www.richardsonsoccer.org/docs/USSFSmallSidedSoccerApproved.pdf>

## **Websites**

[www.richardsonsoccer.org](http://www.richardsonsoccer.org)

[www.socceramerica.com](http://www.socceramerica.com)

[www.ntxsoccer.com](http://www.ntxsoccer.com)

[www.usyouthsoccer.org](http://www.usyouthsoccer.org)

[www.ussoccer.com](http://www.ussoccer.com)